The Rural Virginian

Serving Scottsville, Palmyra, Lake Monticello, Fork Union, Troy, Schuyler and Buckingham

Gibson Flooring Makes Sure Not To Walk All Over Customers



Gibson Flooring offers many colors of flooring samples.

By Wendy Edwards

If you ask James Waverly Giba difficult time deciding between him for close to 16 years."

Ed Gentry.

"He taught me how to lay carson what quality any great busi- pet and it just progressed from ness should feature, he will have there," Gibson says. "I worked for

honesty, quality and integrity. For a time, Gibson worked as The 25-year veteran of floor in- a heavy equipment operator, but tions. Most of my business is by work in Charlottesville, where I stallation could not sacrifice one he couldn't seem to get away trait for another, which is why the from flooring. He kept taking retail store and everybody is nice, ple know me by word of mouth," owner/installer of Gibson Carpet jobs as time went along, working but they need to keep coming in says Gibson, who is hoping to

Charlottesville business owner doing installations a long time. Barbecue, and now we're starting Now, I've got the retail store in to get business." Scottsville. This is just what I'm going to finish out doing."

to see more faces in his shop.

"I stay very busy on installadown floors out of junior high I've been in business for a while knew we were there. We've since

He'd like to do more work in Fluvanna and western Albemarle He loves the work, but hopes counties now that he has his retail shop out there.

"I do about 90 percent of my word of mouth, but now I have a don't have to advertise since peountil I see things are working," enjoy the later part of his floorstrong reputation of dependable, "Finally," he says, "I went back Gibson says. "We were down the ing career as a reputable salestrustworthy, impeccable service. into it and stayed into it - full street about a couple hundred man that the community will Waverly Gibson, as he likes time for myself and doing sub- feet on the corner on the Dol- count on. "You come in the store to be called, began putting contract work for places in town. lar General Store and nobody and I'll ask what type of product

Letter From The Editor

Wednesday, September 23, 2009

POSTAL

PATRON LOCAL

PRESORTED STANDARD U.S. Postage PAID Permit 67 Charlottesville, VA

By now, those of you who regularly read The Rural Virginian have already noticed:

The newspaper has changed. Instead of the tabloid size the newspaper was last week, it is now regular broadsheet size.

As part of a companywide shift by parent company Media General, The Daily Progress and other Virginia papers are converting to what has quickly become an industry standard-11 inches from side to side on each individual page. We, at The Rural Virginian, decided to take this opportunity to resize the entire format of our newspaper.

The change in size will save the company a substantial amount on its annual bill for newsprint, one of the fastest rising and most volatile costs facing publishers.

While the newspaper has a trimmer format, we're keeping popular, regular features, such as the crossword puzzle and horoscopes. But, we're adding a Religion Page and High School Happenings column written by a Fluvanna County journalism student.

In keeping with improving our newspaper, we've made a commitment to include more local stories in each weekly issue. One thing you will notice that will not be within the newspaper each issue is the free pages and pages of service directory notifications. We will continue to offer free space available-for upcoming as community and church events.

Though the project has been planned and thoroughly tested, we expect kinks with any major change such as this. Please let us know if you spot something that needs our attention.

& Flooring in Scottsville has a for private customers.

school, under the guidance of now working for myself. I've been moved across from Pee Wee's Pit

SEE **GIBSON** ON PG 2

- Terry Karnes, editor, 978-7216, tkarnes@dailyprogress.com
- Carolyn Cullen, advertising director, 975-7112, ccullen@ dailyprogress.com

Lake Monticello resident named Hokie Hero by Virginia Tech

Virginia Tech Corps of Cadets alum- Charge of the E-8C Joint STARS mainnus 1st Lt. Christopher Horsfall, U.S. Air tenance unit, providing support to forces Force, who received a degree in mathematics from the College of Science in 2006, has been selected as the Hokie Hero for the Virginia Tech versus Marshall football game.

The corps Hokie Hero program, started in 2006 by ISP Sports and sponsored by the University Bookstore, honors Virginia Tech Corps of Cadets alumni who are currently deployed. Recipients of this honor are highlighted by Bill Roth and Mike Burnop during the radio broadcast of Virginia Tech football games, on the corps website www. vtcc.vt.edu, on the corps alumni website www.vtcca.vt.edu and in the Corps Review magazine.

Horsfall is stationed at Al Udeid Air Base in Qatar as a member of 379th Expeditionary Aircraft Maintenance Squadron, U.S. Air Force. Horsfall is the Officer in

Fluvanna County High School

Students Named AP Scholars

INSIDE

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in Operations IRAQI and ENDURING FREEDOM.

From Lake Monticello, this is Horsfall's first combat deployment. He is a Class of 2006 graduate of the Virginia Tech Corps of Cadets and was the Regimental Bugler his junior year and Third Battalion Commander during his senior year. Horsfall's father is a 1971 graduate of the Virginia Tech Corps of Cadets.

The Virginia Tech Corps of Cadets has been producing military and corporate leaders since the university was founded in 1872. It is one of just two remaining military corps within a large, primarily civilian university. The corps holds its members to the highest standards of loyalty, honor, integrity, and self-discipline. In return, cadets achieve high academic success and a longlasting camaraderie with fellow members.

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How You Teach It

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The Rural Virginian • September 23, 2009

COLUMN // Ask Cheryl

Cat Enclosures

My daughter told me not to write in this question because it makes me sound like a "creepy stalker." However, I'll risk my reputation to satisfy my curiosity. I pass your house all the time and love watching you with your animals out in the yard. You are like the Pied Piper with both dogs and cats following you around inside the fence. I learn so much from watching you interact with them. The other day I passed by a couple of times, and you were busy working on something at the top of your fence. I can't really see what's there, but you were at it all day. Can I ask what it was you were doing as I'm sure it was something for your animals?

The first time I got a question about what I was doing in my backyard I was a little freaked out that people watch me so closely. I now realize it's not creepy so much as curiosity as what the animal lady is up to now. As a result, though, I no longer pooper scoop in my PJs!

As far as what I was up to the other day, I was adding some cat-proofing to the top of the fence so my cats can have more time outside. Up to now, they had a small outside enclosed pen they could access, and they came outside when I was out with the dogs. (Yes, even my cats have a recall so they come inside when I call them.) The other day one of the cats decided to pull an escape routine and scaled the fence heading for the neighbor's yard to torment their cat. It was then I realized I needed to do something to the fence to make such escapes impossible or go back to restricting my cats to just the house and their outside run.

Different countries have different ideas on how to keep happy, healthy animals. When I lived in England, the cats I adopted from a rescue came with a clause they were NOT allowed to be kept as house inside only. They felt that in order for cats to be happy, they needed to have outside access. This went against all my instincts to keep my cats safe as I didn't want them wandering into a street and getting hit or being attacked by other animals so I built an outside cat run. I discovered that the cats really are happier having access to fresh air, grass and little critters to bring inside to share with me. (The latter I could live without, but they seem to get great joy from it.)

Recently, I decided to see if I could band on the idea of a cat run and added a "shelf" to the top of my six-foot chain-link fence to prevent the cats from climbing out. The "shelf" is made of L-brackets (used to hold

wooden shelves) and deer fencing. I wove the L-brackets into the chain link fence and attached them with plastic zip ties. I then put the deer fencing along the top of the fence with a fold at the break in the L-brackets so half of the deer fencing ran along the fence and the other half attached to the arm sticking out from the bracket (once again using zip ties to attach the deer fencing). This created a "shelf." When the cats scale the fence, they run into the shelf and cannot reach back over their heads to get over and around the shelf.

This concept won't work on a fourfoot fence as most cats can jump to the top of the shelf from the ground on shorter fences. With a six-foot fence, the cat must climb so the shelf keeps them from getting over the top. One of my cats tested the fencing at almost every section (the one who had the successful escape attempt earlier), so it's important to attach the deer fencing to the chain link fence every foot or less so a cat cannot maneuver under the deer fencing. If you have a wooden fence the same thing can be accomplished by screwing the L-brackets into the fence, or making your own out of two-by-four pieces of wood in an L-shape at the top of the fence.

Be aware that cats that are outside (even in a fenced yard) are still exposed to diseases if stray or neighborhood cats have access to your yard. Some diseases are spread just by having cats go nose-to-nose through a fence, so make sure your cat is fully inoculated if allowing outside access.

I'll post pictures on my website for those interested in learning more. I'll also put some ideas on how to create an outside cat run in case you don't have a fence to cat proof. Whether you have a safe outside area or keep your cats inside, please remember cats need stimulation and exercise. Make sure you have a variety of heights for cats to explore using shelves and multi-level cat scratches to help your cat be healthy and happy. Thank you to my "creepy stalker" for bringing up an important quality-of-life aspect for our cats.

Cheryl Falkenburry has been helping people solve mind-boggling animal behavior problems for more than 20 years. Send your questions and stories to:



The Old Farm Day has announced the rules and regulations for its contests and exhibits at this year's Oct. 3 event. Several require advance registration, including and honorable mention ribbons awarded. the Apple Pie Contest and others are extremely popular, such as the Homemakers and Gardeners Exhibit and Old Farm Day Photography Contest.

Registrants for the Apple Pie Contest may enter only 12 pies and registration must be done in advance, though space is limited. Pies become the property of the Old Farm Day Committee and after judging and awards; slices will be sold for fundraising. Registration must be in by Oct. 1. Call (434) 589-9405 to enter. There will be awards given for first, second, third and honorable mention.

When we think of such events, we can't help but conjure up images of the products usually submitted to the Homemakers and Gardeners Exhibit, which is co-sponsored ID of subject should be attached firmly to with the Fluvanna Farm Bureau. There is the mat. Divisions are older than 16 and no exhibit entry fee, however admission to younger than 16. Categories are: people; Old Farm Day is required to participate. Canned products must be in standard all or specific event). There will be first, canning jars with contents labeled, but no names, please. Fresh picked products should be brought in threes of any one variety per bowl or basket. One entry per category or variety is allowed, but exhibitors may enter as many categories as they'd like. There will be two divisions, adult for formation. The event will be held at Pleasthose 16 and older and youth for those 8- ant Grove in Palmyra.

15. During judging no one may be in the exhibit area but by 1 p.m. ribbons will be put in place. There will be first, second Categories include: jellies; jams; pickles; fruits (canned will be separate from fresh picked); vegetables (canned separate from fresh picked); and looks like a contest where entrants give the odd-shaped freshpicked vegetable a name.

This year's Old Farm Day Photography Contest will take place during the event and must be received by Oct. 15 to be considered. The theme is "Old Farm Dav is Family Fun." Photos may be matted, but not framed and can be no larger than 10 inches. Submissions will be dropped at Fluvanna County Library in a box labeled for entries, which will not be returned. There is a limit of three entries per person. Name, contact, age, category, title or animals; machinery; Old Farm Day (oversecond and honorable mention ribbons for each category in each age division.

Center Hill School, 3682 Bybees Church Road, Palmyra VA 22963. cheryl@centerhillschool.com

The Fluvanna SPCA is raising money to erect an outside cat run for cats in its care. Right now the dogs have an outside area, but the cats are stuck in their cages all day. An outside run will allow cats to have some room to stretch and play, and a wonderful place for people to visit with a cat to decide if one will be a perfect forever friend for their family. If you would like to help the cats at the Fluvanna SPCA have a better life while waiting for their forever home, you can send or bring a donation to 5239 Union Mills Road, Troy, VA 22974. Please put "Cat Enclosure" on the check so the accountant will know where the donation goes. Thanks!

Other contests and exhibits include an animal calling contest; an antique car exhibit; and century farm equipment exhibit.

Visit http://oldfarmdav.org for more in-

Voices for Animals hosts 13th Charlottesville Vegetarian Festival

26 from 11 a.m. to 4 p.m. in food companies. Lee Park in the heart of the historic district of Charlottesville.

celebrates a humane and mental and peace groups of healthy lifestyle and the Charlottesville Vegetarian Festival is one of the largest complementary vegetarian festivals in the therapies, such as chirocountry with more than 100 exhibitors and 6,000 visitors and exhibitors showcasing and sales of vegan cookexpected to attend.

friendly event and includes represented at the festival. something for everyone.

Festival will be held Sept. food samples from natural- These animal organizations Central Virginia and its ani-Compassionate-living ex- festival and sign up new volhibitors will include local unteers. and national animal protec-

This free outdoor event tion, vegetarian, environ- the Spay/Neuter Project support of several sponsors, offering educational litera- animal-protection organiture. Also, practitioners of zation Voices for Animals. practors and acupuncturists, natural and cruelty-free per- books and animal- and veg-The festival is a family sonal-care products will be gie-themed items.

Restaurant booths will tion Fair will feature many serve vegetarian food all local animal shelters and day, with many different sanctuaries that will bring

The thirteenth annual types of cuisine represent- some of their dogs and cats nated by Voices for Animals, Charlottesville Vegetarian ed. There will be free vegan who need loving homes. which has been serving will also raise money at the mals since 1984. The festi-

> medical These activities include a silent auction, face painting, a vegan dessert booth,

The Kids' Patch will in-The Dog and Cat Adop- clude veggie-themed games Downtown Mall. and a children's literature about animal and environmental issues.

etarian Festival is coordi- cvillevegfest.org.

val is organized entirely by volunteers and is made pos-Activities will benefit sible through the generous Charlottesville-based including local newspapers, magazines and radio stations, Healthy Living Directory/Birch Studio Graphics, Integral Yoga Natural Foods, Rebecca's Natural Food and VegNews Magazine.

> The festival venue, Lee Park, is one block north of Charlottesville's historic

For exhibitor information table with information or to volunteer, call (434) 979-1200, e-mail info@ cvillevegfest.org or visit the The Charlottesville Veg- festival's website at www.

charlottesville .

Caring for Creatures Pet of the Week



Ozzie would like people to know that even though right now he may be a 6-month-old rambunctious puppy in need of some manners, with gentleness and guidelines and training, he can be molded into the kind of family member you want him to be. Puppies do want to please their humans AND humans need to learn all they can on puppy behavior and why they do the things they do. This will not be an overnight adjustment but with time and lots of love, a wonderful union can develop.

Ozzie, a handsome white lab mix, was born at Caring For Creatures on March 8, one of a litter of nine puppies. Mom Friskie had been surrendered to the sanctuary when her person died. Ozzie had been adopted out once, and though much loved, he did not receive proper guidance in his formative months. But he is so willing to learn new behavior because as a puppy, he wants more than anything to love you, to be with you and to please you.

Ozzie has been recently neutered and is up to date on vaccines. He would love to meet some nice folks willing to give a puppy with great potential a second chance.

352 Sanctuary Lane • Palmyra, VA 22963 (434) 842-2404 • www.caringforcreatures.com



